

**The Science of Age-Supportive Built Environments** Canadian Institute of Aging Study Visit to UK 8-12 March 2010 London  
(DRAFT at 24<sup>th</sup> February 2010)

Time	Monday 8 March	Tuesday 9 March	Wednesday 10 March
a.m.	<p><b>9.30 Arrive at LondonMet</b> Holloway Road, N7 Tower Board Room (Coffee &amp; Tea)</p> <p><b>9.50 Call to order</b> Peter Lansley (KT-EQUAL)</p> <p><b>Introduction</b> Chair – Professor Graeme Evans</p> <p><b>10.00 Introductions &amp; Welcome</b> Professor Malcolm Gillies (Vice Chancellor London Metropolitan University) (tbc) Professor Graeme Evans (Cities, SUE) Professor Anne Martin-Matthews (CIHR-IA)</p> <p><b>10.30 Canadian</b> and UK representatives - introductions</p> <p><b>11.15 Setting the Scene for urban environments in Canada and the UK</b> Professor Steve Shaw (Canada-UK Cities Group, British Association of Canadian Studies)</p> <p><b>11.30 Coffee</b></p> <p><b>Age Friendly Environments</b> Chair- Professor Peter Lansley</p> <p><b>11.50</b> Professor Anthea Tinker (Kings College London), <i>Age-friendly research, housing and cities – a UK perspective</i></p> <p><b>12.10</b> Professor François Béland (Université de Montréal), <i>Age-friendly cities: the Canadian perspective</i></p> <p><b>12.20 Discussion</b></p>	<p><b>9.30 Arrive PAMELA laboratory</b> Tufnell Park (tube, bus or taxi)</p> <p><b>9.40 Welcome</b> by Professor Nick Tyler (Department of Civil, Environmental &amp; Geomatic Engineering, University College London)</p> <p><b>9.50</b> Professor Peter Lansley and Professor Anne Martin-Matthews, <i>The Rough Guide to funding for ageing research</i></p> <p><b>10.30</b> Professor Nick Tyler, <i>Presentation of PAMELA (pedestrian environment laboratory), and Lab tour</i></p> <p>(Coffee)</p>	<p><b>9.15</b> Arrive HR, LondonMet</p> <p><b>Accessibility</b> Chair – Professor Graeme Evans</p> <p><b>9.30</b> Juliet Solomon (AUNT-SUE) <i>Benchmarking Older People’s Travel Needs</i></p> <p><b>9.45</b> Professor Philippa Clarke (University of Michigan) <i>Social Participation among Older Adults with Disabilities: The role of the Urban Environment.</i></p> <p><b>10.00</b> Professor Elizabeth Burton &amp; Dr Lynne Mitchell (Warwick University) <i>Designing for wellbeing in the built environment</i></p> <p><b>10.15</b> Discussion</p> <p><b>10.45</b> Coffee</p> <p><b>Accessibility</b> Chair – Professor Graeme Evans</p> <p><b>11.15</b> Professor Roger Mackett (UCL), <i>Using AMELIA to improve accessibility for older people.</i></p> <p><b>11.45</b> Professor Antonio Paez (McMaster University, Ontario) <i>Older people’s travel behavior: evidence from Canada</i></p> <p><b>12.00</b> Discussion</p>
Lunch	<b>12.50 – 1.50</b>	<b>12.00 – 1.00 Lunch (Lab)</b>	<b>12.30 Lunch</b>

p.m.	<p><b>Environments, Social Capital and Health</b>  Chair – Dr Shiva Amiri (British Consulate General)  <b>1.50</b> Professor Leonie Kellaheer (CESSA, Cities Institute) <i>Environment &amp; Identity in later life: basics</i>  <b>2.05</b> Professor Sheila Peace (Open University) <i>Environment &amp; Identity in later life: developments</i>  <b>2.20</b> Professor Spencer Moore (Queen’s University, Ontario) <i>Measuring and assessing the importance of social embeddedness on the health of Montreal adults.</i>  <b>2.35 Discussion</b></p> <p><b>3.20</b> coffee</p> <p><b>Older people, Civic design and older people’s participation</b>  Chair – Dr Susan Crawford (CIHR - Institute of Aging)  <b>3.40</b> Professor Ken Worpole (Cities Institute) <i>Designing with Dignity</i>  <b>3.55</b> Jo-Anne Bichard (Royal College of Art/Helen Hamlyn Centre) <i>The Weakest Link: Mobility and Public amenities</i>  <b>4.10</b> Professor Carole Després (Université Laval, Québec) <i>Older people’s mobility in sprawling cities: complexity and contradiction.</i>  <b>4.25 Discussion</b></p> <p><b>5.10 Response and Discussion</b> Led and facilitated by Dr Vasanthi Srinivasan (Ontario Ministry of Health and Long-Term Care)  <b>5.50</b> Conclusion</p>	<p><b>1.15</b> <i>Depart to Canada House, Trafalgar Square (Northern Line Tube - Tufnell Park to Leicester Square)</i></p> <p><b>The Science of Age-Supportive Built Environments Seminar with additional guests from the worlds of policy, practice and academia. The response to invitations to attend has been such that quite a large gathering is expected.</b></p> <p><b>2.00 Refreshments on arrival</b></p> <p><b>2.15 Welcome</b> – Canadian High Commission  2.20 <b>Dr Shiva Amiri</b> - British Consulate General, Toronto  <b>2.25 Introduction</b> – Professors Anne Martin-Matthews &amp; Graeme Evans</p> <p><b>Health – Mental and Physical Challenges</b>  2.40 Chair’s Introduction – Professor Peter Lansley  <b>2.45</b> Professor Rachel Cooper (Lancaster University) <i>Mental Health &amp; the Urban Environment: Lessons from FORESIGHT</i>  <b>3.05</b> Professor Heather McKay (University of British Columbia), <i>The Challenge of Senior’s Health and Mobility</i>  <b>3.25</b> Questions and Discussion, Lead discussant Glenn Miller (Vice President, Education and Research, Canadian Urban Institute, Toronto)</p> <p><b>3.55</b> coffee</p> <p><b>Towards Solutions</b>  <b>4.25</b> Chair’s Introduction - Professor Graeme Evans  <b>4.30</b> Dr Russell Marshall, Professor Keith Case, Dr Diane Gyi &amp; Dr Steve Summerskill, (Loughborough University) <i>Designing for Older People with HADRIAN</i>  <b>4.50</b> Professor Geoff Fernie (Vice-President Research, Toronto Rehab) <i>How to solve the every-day problems faced in later life</i>  <b>5.10</b> Questions and Discussion, Led and facilitated by Dr John Beard (Director, Ageing and the Life Course, World Health Organization)  <b>5.50</b> Conclusion</p>	<p>Chair – Professor François Béland  <b>1.30 General</b> Discussion, lead discussant Dr John Millar (Executive Director, Population Health Surveillance, Provincial Health Services Authority, British Columbia)</p> <p><b>2.15</b> Professors Anne Martin-Matthews. Peter Lansley, Graeme Evans, <i>Summary and Wrap Up, Next Steps</i></p> <p><b>2.30 End.</b>  Informal discussions continue</p> <p><b>3.00 Depart for King’s Cross</b></p> <p><b>4.00</b> Train King’s Cross to Edinburgh Waverley station (Piccadilly Line train or taxis)</p>
eve.	<p><b>6.00</b> (depart - walk/bus/taxis)  <b>7.00</b> Dinner at local restaurant</p>	<p><b>6.00-8.00 Reception Canada House</b>  <b>Speeches</b> – Professor Anne Martin-Matthews, CIHR-IA.  John Armitt, Chair, Olympic Delivery Authority &amp; Chair, EPSRC  Dr John Beard, Director, Ageing and the Life Course, WHO  <b>Later</b> – Dinner has not been arranged. We hope that those who wish will make their own arrangements for dinner with those they have met at the seminar or reception.</p>	<p><b>Dinner</b> en route– Courtesy of the East Coast Line  <b>c. 8.30</b> Arrive Edinburgh</p>

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<b>Thursday</b> <b>11<sup>th</sup> March – ECA, Evolution House Board Room, Lauriston Place, Edinburgh</b>	<b>Friday</b> <b>12<sup>th</sup> March</b>
<p><b>9.15am Welcome and Coffee</b>  <b>Professor Ian Howard</b>, Principal, Edinburgh College of Art  <b>Professor Catharine Ward Thompson</b>, Edinburgh College of Art, Director OPENSspace  <b>Professor Anne Martin-Matthews</b>, Scientific Director, CIHR-IA</p> <p><b>9.40 am Getting outdoors with I'DGO</b>  <b>Professor Catharine Ward Thompson</b>, Edinburgh College of Art, OPENSspace and I'DGO  <b>Professor Marcus Ormerod/Dr Rita Newton</b>, Salford University, SURFACE            (1 hour for two presentations and discussion)</p> <p><b>10.40 am Coffee/Tea</b></p> <p><b>11.00am Out and About in Canada</b>  <b>Chair - Dr Shiva Amiri</b>, British Consulate General  <b>Professor Antonio Paez</b>, McMaster University, Ontario, <i>Riding cars with seniors: accessibility implications of mode of travel.</i>  <b>Professor Geoff Fernie</b>, Vice-President Research, Toronto Rehab, <i>Accessibility and safety of outdoor environments for seniors and people with disabilities</i>            (1 hour for two presentations and discussion)</p> <p><b>12.00noon End of Morning Session</b>            There will be two groups for lunch.</p> <p>The Canadian participants plus a few others have been invited to lunch at the Scottish Parliament with the Cross Party Group for Ageing. Regrettably, because space is limited it is not possible to invite everyone, so most of the UK participants can relax and network over an informal lunch at the Edinburgh College of Art.</p>	<p><b>9.15am Welcome and Coffee</b>  <b>Professor Catharine Ward Thompson</b>, Edinburgh College of Art (Chair)  <b>Professor Anne Martin-Matthews</b>, CIHR-IA</p> <p><b>9.30am Meeting the needs of an ageing population in Scotland</b>            Government &amp; Policy - <b>John Storey</b>, Head, Older People and Age Team, Scottish Government            Transport - <b>John Smart</b>, Chartered Institution of Highways and Transportation            Industry - <b>Mark Butt</b>, Regional Manager, Mayer Brown Ltd            (15 minutes each)</p> <p><b>10.15am Discussion</b></p> <p><b>10.45am Coffee</b></p> <p><b>11.15am Policy and Partnerships for Government and Community: A Canadian Perspective</b>  <b>Dr John Millar</b>, Executive Director, Population Health Surveillance, Provincial Health Services Authority, British Columbia  <b>Professor Heather McKay</b>, Department of Orthopaedics and Family Practice, University of British Columbia            (15 minutes each)</p> <p><b>11.45am Questions and Facilitated Discussion on key issues posed by policy makers and practitioners</b>            Facilitator <b>Professor Catharine Ward Thompson</b>, ECA; Lead discussant <b>Dr Vasanthi Srinivasan</b>, Director, Ontario Ministry of Health and Long-Term Care</p> <p>A list of expected guests can be found on the last sheet under the heading Policy Makers and Practitioners, some of these will be involved with activities on both days.</p>
<p><b>12.30pm Lunch</b></p>	<p><b>12.30 am Lunch – Buffet ECA - Introductions with invited guests</b></p>

<p><b>2.30pm Return to ECA</b></p> <p><b>2.45 Physical and Mental Wellbeing</b>  <b>Chair – Professor François Béland</b>, Faculty of Medicine, Université de Montréal  <b>Dr Claire Fitzsimons</b>, Human Movement Science, Strathclyde University, <i>Exercise for wellbeing and fitness in older adults</i>  <b>Professor Philippa Clarke</b>, University of Michigan, <i>Cognitive Function in the Community Setting: The neighborhood as "Cognitive Reserve"</i>  (1 hour for two presentations and discussion)</p> <p><b>3.45pm Tea/Coffee</b></p> <p><b>4.15pm Spaces for Society</b>  <b>Chair – Professor Carole Després</b>, Ecole d'architecture, Université Laval</p> <p><b>Professor Judith Phillips</b>, Swansea University, <i>Older people's use of unfamiliar space</i>  <b>Professor Spencer Moore</b>, Queen's University, Ontario, <i>Neighbourhood social environments, age, and park use in Montreal</i>  (1 hour for two presentations and discussion)</p> <p><b>5.15pm Facilitated discussion on key issues, lead discussant Glenn Miller</b>, Vice President, Education and Research, Canadian Urban Institute, Toronto</p>	<p><b>1.30 pm Site Visits and subsequent discussions organised by Keith Irving, Living Streets</b></p> <p><i>Healthy Neighbourhood Workshops (HNW) bring together officers from various council departments and, where practicable, councillors and other relevant stakeholders to explore policy and physical measures that will make local neighbourhoods more conducive to physical activity. The workshops are delivered in partnership by Living Streets and Sustrans as well as other organisations such as Greenspace Scotland and Cycling Scotland. In addition, local expertise is drawn upon as part of each workshop. Participants will experience part of a Workshop. Four sites will be visited, two newer developments will be contrasted with old less accessible street design in both the historic and modern parts of Edinburgh.</i></p> <p><b>4.00pm Return to ECA, Tea/Coffee</b>  <b>4.15pm Final discussions facilitated by Professor John Frank</b>, Director, MRC-CSO Scottish Collaboration for Public Health Policy</p> <p><b>5.15pm pm Reflections and Wind-up Professors Catharine Ward Thompson, Anne Martin-Matthews &amp; Peter Lansley</b></p> <p><b>5.45pm Close</b></p>
<p><b>Evening</b> - At leisure – we hope that after the proceedings of the day participants will network, maybe have a drink, visit the sights of Edinburgh and in small groups make their own arrangements for dinner.</p>	<p><b>Evening</b> – Debriefing and Farewells - Canadian Participants</p>

**Cultural Notes:**

1. For those with time on their hands in London then why not have an evening at the theatre - *Really Old, like Forty-Five* at the National Theatre? See: <http://www.nt-online.org/54549/productions/really-old-like-forty-five.html>
2. Whilst at ECA there will be an exhibition running in the Sculpture Court. <http://www.eca.ac.uk/index.php?id=1375>
3. At the weekend in Edinburgh there will be the Scotland v England Rugby International. Tickets: <http://www.getmein.com/tickets/six-nations-scotland-v-england-tickets/edinburgh-142612.html>

## Principal Participants in the Canada-UK Study Tour

Canada	UK - London	UK-Edinburgh
<p><i>Professor Anne Martin Matthews</i>, Scientific Director, Canadian Institutes of Health Research - Institute of Aging  <i>Dr Susan Crawford</i>, Deputy Director, Canadian Institutes of Health Research - Institute of Aging, in Vancouver  <i>Dr Caroline Martin</i>, Science and Technology Advisor, Canadian High Commission, London (London only)</p>	<p><i>Professor Graeme Evans</i>, Director, Cities Institute, London Metropolitan University  <i>Professor Peter Lansley</i>, Director, KT-EQUAL, University of Reading  <i>Dr Shiva Amiri</i>, Science and Innovation Officer, British Consulate General, Toronto  <i>Claire Hastings</i>, British Consulate General, Toronto  <i>Verity Smith</i>, Coordinator, KT-EQUAL, University of Reading</p>	<p><i>Professor Catharine Ward Thompson</i>, Research Professor of Landscape Architecture, OPENspace, Edinburgh College of Art (ECA)  <i>Professor Peter Lansley</i>, Director, KT-EQUAL, University of Reading  <i>Dr Shiva Amiri</i>, Science and Innovation Officer, British Consulate General, Toronto  <i>Claire Hastings</i>, British Consulate General, Toronto  <i>Anna Orme</i>, OPENSspace/I'DGO Administrator, ECA  <i>Mary Craig</i>, KT-EQUAL/ I'DGO Lobbyist, ECA  <i>Máire Cox</i>, KT-EQUAL/I'DGO Communicator, ECA</p>
<p><i>Dr John Beard</i>, Director, Department of Ageing &amp; Life Course, WHO (London only)  <i>Professor François Béland</i>, Faculty of Medicine, Université de Montréal  <i>Dr Philippa Clarke</i>, Research Assistant Professor, Survey Research Center, University of Michigan  <i>Professor Carole Després</i>, Professeure d'architecture, Directrice du Centre de recherche en aménagement et développement, Ecole d'architecture, Université Laval  <i>Professor Geoff Fernie</i>, Vice President, Toronto Rehab  <i>Professor Helen McKay</i>, Department of Orthopaedics and Family Practice, University of British Columbia  <i>Dr Spencer Moore</i>, School of Kinesiology and Health Promotion, Queen's University  <i>Dr Antonio Paez</i>, Associate Professor, School of Geography &amp; Earth Sciences, Associate Member of School of Civil Engineering, McMaster University  <u>Policy specialists:</u>  <i>Dr John Millar</i>, Executive Director, Population Health Surveillance, Provincial Health Services Authority, British Columbia  <i>Glenn Miller</i>, Vice President, Education and Research, Canadian Urban Institute, Toronto  <i>Dr Vasanthi Srinivasan</i>, Director, Ontario Ministry of Health and Long-Term Care</p>	<p><i>Jo-Anne Bichard</i>, Helen Hamlyn Centre, Royal College of Art  <i>Professor Elizabeth Burton</i>, Professor of Sustainable Building Design and Wellbeing, Institute of Health, Warwick University  <i>Professor Keith Case</i>, Professor of Computer Aided Engineering, School of Mechanical and Manufacturing Engineering, Loughborough University  <i>Professor Rachel Cooper</i>, Director, Lancaster Institute of Contemporary Arts, Lancaster University  <i>Dr Diane Gyi</i>, Senior Lecturer, Department of Ergonomics, Loughborough University  <i>Professor Leonie Kellaher</i>, Director, Centre for Environmental Studies in Ageing, London Metropolitan University  <i>Professor Roger Mackett</i>, Centre for Transport Studies, University College London  <i>Dr Russell Marshall</i>, Senior Lecturer, Department of Design and Technology, Loughborough University  <i>Dr Lynne Mitchell</i>, Research Fellow, Institute of Health, Warwick University  <i>Professor Gail Mountain</i>, Director, KT-EQUAL, University of Sheffield  <i>Professor Sheila Peace</i>, Faculty of Health and Social Care, The Open University  <i>Juliet Solomon</i>, Principal Research Officer, Cities Institute, London Metropolitan University  <i>Professor Steve Shaw</i>, Canada-UK Cities Group, London Metropolitan University  <i>Dr Steve Summerskill</i>, Lecturer, Department of Design and Technology, Loughborough University  <i>Professor Anthea Tinker</i>, Institute of Gerontology, King's College London  <i>Professor Nick Tyler</i>, Head of Department, Department of Civil, Environmental &amp; Geomatic Engineering, University College London  <i>Professor Catharine Ward Thompson</i>, Research Professor of Landscape Architecture, OPENspace, Edinburgh College of Art (ECA)  <i>Professor Ken Worpole</i>, Architect, Writer and Environmentalist, London Metropolitan University  <i>Dr Chloe Heywood</i>, Materials, Mechanical &amp; Medical Engineering Manager</p>	<p><i>Dr Claire Fitzsimons</i>, Lecturer in Human Movement Sciences, Department of Sport, Culture and the Arts, Strathclyde University  <i>Professor Ian Howard</i>, Principal, Edinburgh College of Art (welcome)  <i>Professor Alastair Macdonald</i>, School of Design, Glasgow School of Art  <i>Rita Newton</i>, SURFACE Inclusive Design Research Centre, Salford University  <i>Professor Marcus Ormerod</i>, Director, SURFACE Inclusive Design Research Centre, Salford University  <i>Professor Judith Phillips</i>, Professor of Gerontology and Social Work, School of Human Sciences, Swansea University  <i>Professor Phil Rowe</i>, HealthQWest Research consortium - Function for Living Programme, Strathclyde University  <i>Dr Dawn Skelton</i>, Reader in Ageing and Health, Glasgow Caledonian University  <u>Policy Makers and Practitioners:</u>  <i>Mark Butt</i>, Regional Manager, Mayer Brown Ltd  <i>Professor John Frank</i>, Director, MRC-CSO Scottish Collaboration for Public Health Policy  <i>Professor James Goodwin</i>, Head of Charity Research, AGE UK (tbc)  <i>Margaret Hickish</i>, Architecture and Design Scotland  <i>Keith Irving</i>, Scotland Manager and/or <i>Janice Gray</i>, Healthy Environments Officer, Living Streets  <i>Dr Hilary Lapsley</i>, Research Manager, Chief Scientist Office, Scottish Government  <i>Diarmaid Lawlor</i>, Architecture and Design Scotland  <i>Nick Pizey</i>, Consultant  <i>Dr Linda Sheridan</i>, Building Standards  <i>John Smart</i>, Chartered Institution of Highways and Transportation  <i>Petra Staats</i>, Active Travel Programme Manager, Sustrans  <i>John Storey</i>, Head, Older People and Age Team, Scottish Government  <i>Glenda Watt</i>, Strategy Manager, A City for All Ages, Edinburgh City Council  <i>Raymond Young</i>, Architecture and Design Scotland</p>